	October
Sunday, September 28 <sup>th</sup>	Monday, September 29 <sup>th</sup>
Honey Pit Ham (GF)	Chicken Alfredo with Fettuccini
Au Gratin Potatoes	Steamed Broccoli (GF)
Mixed Vegetables	Garlic Breadstick
Vegetable Beef Soup (GF)	Minestrone Soup
Fresh Fruit (GF)	Caesar Salad (GF)
Peach Pie	Pumpkin Bars
Sunday, October 5 <sup>th</sup>	Monday, October 6 <sup>th</sup>
Shepards pie	Pork Schnitzel
Beef Gravy	Braised Red Cabbage (GF)
Honey Galzed Carrots (GF)	Pan fried Spetzle
Dinner Roll	Potato Croquettes
Chicken Dumpling Soup	German Chocolate Cake a la
Banana Cream Pie	mode
Sunday, October 12 <sup>th</sup>	Monday, October 13 <sup>th</sup>
Beef Lasagna	Shrimp Scampi over Linguini
Garlic Breadstick	Asparagus (GF)
Italian Vegetables	Garlic Breadstick
Ceasar Salad (GF)	House Salad (GF)
Split Pea (GF)	Ham & Corn Chowder Soup
Tiramisu	Peach Cobbler
Sunday, October 19 <sup>th</sup>	Monday, October 20 <sup>th</sup>
Oven Fried Chicken	Pot Roast w/Gravy (GF)
Mashed Potatoes & Gravy (GF)	Roasted Baby Potatoes(GF)
Buttered Corn (GF)	Honey Roasted Carrots (GF)
Ham Wild Rice Soup	House Salad(GF)
Fresh Fruit (GF)	Chicken & Rice Soup
French Silk Pie	Maple Nut Ice cream (GF)



Tuesday, September 30<sup>th</sup> Bacon Wrapped Pork Tenderloin (GF) **Red Wine Sauce Scalloped Potatoes** Lemon Garlic Green Beans (GF) **Italian Wedding Soup** 

Wednesday, October 1st **Butter Poached Cod (GF) Lemon Caper Sauce** Parsley Buttered Potatoes (GF) Roasted Seasonal Vegetable (GF) **Clam Chowder** House Salad (GF) **Apple Crumble Pie** 

Thursday, October 2<sup>nd</sup> **Chicken Parmesan Rotini Pasta and Marinara** Sauteed Squash (GF) Ham Wild Rice Soup (GF)) Fresh Fruit (GF) Snicker Cheesecake

Wednesday, October 8th Thursday, October 9th **Citrus Salmon with Beurre Blanc** Mashed Potatoes (GF) Garlic Green Beans (GF) Fresh Fruit (GF)

**BBQ Ribs (GF)** Corn on the Cob (GF) Baked Beans (GF) Cornbread Fresh Fruit (GF) **Chef's Choice Soup** Rainbow Sherbet (GF)

Thursday, October 16th Country Style Pork Rib (GF) Sauerkraut (GF) Roasted Potatoes (GF) **Chicken & Orzo Soup** Fresh Fruit (GF) **Butter Pecan Ice Cream** 

Thursday, October 23rd **Beef Stir Fry** Asian Vegetables (GF) White Rice (GF) Egg Roll **Chicken Florentine Soup** Fresh Fruit (GF)

**Mandarin Orange Cake** 

## **DINNER MENU**

Sign up for dinner in the Card Room:

Mon.-Thurs. by 11am Sunday by 8am

## Reservations are Required:

Residents must sign up in the book or cancel by the deadlines listed above.

651-628-8571

The kitchen phone is not answered during service.

**Pick-Up Times:** 

Sunday 11:30am-12pm Mon.-Thurs. 4:00-4:45pm

## **Dinner Service:**

Sunday at 12pm Mon.-Thurs. at 4:45pm

(GF)= Gluten Free

## **Alternatives Available:**

Chef Salad (GF) **Garlic & Herb Tilapia BBQ Chicken Breast** Wild Rice Stuffed Roasted Pepper W/ Saffron cream sauce (Veg)

Meals over 10 per month will be charged \$18 each

Fresh Fruit (GF) **Carrot Cake** 

Tuesday, October 7<sup>th</sup>

**Swiss Steak with Gravy** 

Roasted Yukon potatoes (GF)

Mixed Vegetables (GF)

Potato Leek Soup (GF)

Caesar Salad (GF)

**Spice Cake with Cream Cheese** 

**Frosting** 

Tuesday, October 14th

**Birthday Night!** 

Petit Tenderloin (GF)

**Red Wine Sauce** 

Twice Baked Potato (GF)

**Asparagus & Dinner Roll** 

**French Onion Soup** House Salad (GF)

White chocolate Raspberry Cake

Tuesday, October 21st

**Chicken Chow Mein** 

Steamed Brown Rice (GF)

Egg Roll

Stir Fry Vegetables (GF)

Egg Drop Soup (GF)

Fresh Fruit (GF)

**Apple Crumble** 

Ham and wild rice soup **Apple Strudel Sticks** 

Wednesday, October 15th Meatloaf

Mashed Potatoes with Gravy (GF) Steamed Carrots(GF) Tomato w/Zucchini & Basil Soup Spinach Apple Nut Salad (GF) Carmel Apple Sunday (GF)

Wednesday, October 22nd

Smothered Pork Chop (GF) **Mashed Potatoes, Stuffing** Cranberry Sauce (GF) Harvard Diced Beets (GF) **Garden Vegetable Soup** Caesar Salad (GF)

**Pumpkin Pie**