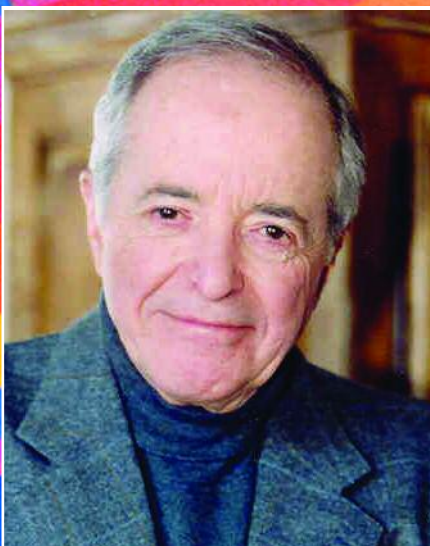


TUESDAY at 6:30 PM Channel 6, Metro-wide

Strictly Seniors

**Exploring the joys of a
non-regimented life!**



Host: *Roland Minda*

**Great guests, ideas,
and interviews
brimming with activities,
tips and interests to
explore and enjoy.**

Watch Weekly!

www.strictly-seniors.com

Presented by RidgePointe & RosePointe Independent Living for Seniors in Minnetonka & Roseville